

Syllabus for: (name of class)	PSYCH 1 General Psychology
Semester & Year:	Spring 2015
Course ID and Section Number:	S7591
Number of Credits/Units:	3.0
Day/Time: Location:	M T TH 2:15 - 3:15 SFHS Campus (Miranda)
Instructor's Name:	Stephen Quiggle
Contact Information:	Office location and hours: Prior to and after class and by appointment Phone: (707) 223-1713 Email: stephen-quiggle@redwoods.edu
Course Description (catalog description as described in course outline):	A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.
Student Learning Outcomes (as described in course outline) :	<ol style="list-style-type: none"> 1. Analyze psychological research and synthesize information in writing. 2. Analyze how experience, culture, learning and biology affect behavior and cognitive processes. 3. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge.

Special accommodations: College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact Disabled Students Programs and Services. Students may make requests for alternative media by contacting DSPS.

Academic Misconduct: Cheating, plagiarism, collusion, abuse of resource materials, computer misuse, fabrication or falsification, multiple submissions, complicity in academic misconduct, and/ or bearing false witness will not be tolerated. Violations will be dealt with according to the procedures and sanctions proscribed by the College of the Redwoods. Students caught plagiarizing or cheating on exams will receive an “F” in the course.

The student code of conduct is available on the College of the Redwoods website at:
<http://redwoods.edu/District/Board/New/Chapter5/AP%205500%20Conduct%20Code%20final%2002-07-2012.pdf>

Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the college catalog and on the College of the Redwoods homepage.

College of the Redwoods is committed to equal opportunity in employment, admission to the college, and in the conduct of all of its programs and activities.

General Psychology (Psych 1) -- #S7591
College of the Redwoods at SFHS
Spring 2015 Syllabus

**Instructor
Information**

Instructor: Stephen Quiggle (707) 223-1713
Appointments: Before or after class or by phone

E-mail: stephen-quiggle@redwoods.edu

**Textbook
Information**

Book Title: Psychology: Themes and Variations (you may buy the “briefer version... still 768 pages)

Author: Wayne Weiten

ISBN: 0495811335

Publisher: Wadsworth

Edition Number: 8 (you may also purchase the 7th edition if the 8th is scarce or cost prohibitive)

Copyright Date: 2011

As a concurrently enrolled high school student, you may talk to Ann Constantino about Trio and the possibility of their assistance in purchasing the text if you are eligible.

**Course
Description**

This three (3) unit General psychology focuses on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

The study of psychology is essentially, the study of how we think and act. Beyond the physiological brain functions of motor skills and nervous system and our bio-chemical systems we will examine personality theory, development and psychological disorders. We will learn to identify how we think we think – since there are myriad science based expert opinions and conjectures – and examine our behavior and explore ourselves individually in the process. Students will prepare with weekly reading assignments, view videos, engage in class discussion which augment / expound upon chapter assignments, and take weekly lecture notes . Students will demonstrate knowledge through participation, quizzes, written assignments and presentations. There will also be opportunities for extra credit based upon videos, other assignments and reading, and community participation. Students are encouraged to exhibit initiative and to inspire new ideas for learning within the classroom community, i.e. to share.

Learning Outcomes

By the end of this course, you will be able to:

Analyze psychological research and synthesize information in writing

Analyze how experience, culture, learning and biology affect behavior and cognitive processes

Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge

Identify principles of general psychology and apply them to your own lives

Understand and identify methodologies typically used in psychological studies

Enhance your ability to create a more conscious life by “thinking about what you think about”, thereby developing greater self- awareness

Class Guidelines

Class content covers materials that are in the textbook, lectured upon and as assigned (videos, etc.).

Students **MUST** type all papers and **ALL** assignments are due at the respective **DUE DATES**.

Students may not make up any assignment/activity beyond the due date unless prior arrangements have been made; without advance communication late work may be accepted for reduced credit.

If you miss class or material, do not understand a concept or have questions about how to proceed:

You may always ask the instructor (in class, prior to or after, and email).

You may contact classmates that you trust for clarification of information and assignments.

Do not ask permission to skip an assignment; that is a choice you make. Your individual grades will only be addressed privately. It is expected that you will respect yourself and others during class time by refraining from interrupting one another or the instructor and that all electronic devices that are not being used specifically for class use (e.g.: recording, photos of notes on the white board) shall be silenced.

Learning Support Services

If you have a documented disability or a reasonable request and wish to discuss accommodations or other learning needs, please contact me as soon as possible – all reasonable measures will be taken to assist. As a concurrently enrolled HS student, if you have an IEP or a 504 plan, please let me know so that I may talk to the school counselor.

Course Expectations

Students are expected to:

Complete all assignments within the due date time frames

Complete all assignments to the best of their ability

Share their insights, experiences, and discoveries

Do their best in applying their learning and knowledge in their daily lives

Have regular attendance (this is part of your participation grade); you may be dropped for excessive absences as per the CR attendance policy.

Evaluating and Reporting Student Progress

Your grade will be determined by the quality of your writing assignments, the mid and term quiz scores, and level / quality of participation with a total of 250 points (there are extra credit opportunities).

Potential Extra Credit explained in class	Up to 30
2 - Quizzes 25 points each	50
2- Short answer essays 25 points each	50
Term Research Paper	50
Term Exam (reviewing key points)	50 points

Participation	50 points
---------------	-----------

Grading Scale

A 100% - 90% B 89% - 80% C 79% - 70% D 69% - 60% F below 60% NP below 70%

Academic Misconduct

Academic Misconduct: Cheating, plagiarism, collusion, abuse of resource materials, computer misuse, fabrication or falsification, multiple submissions, complicity in academic misconduct, and/ or bearing false witness will not be tolerated. Violations will be dealt with according to the procedures and sanctions proscribed by the College of the Redwoods. Students caught plagiarizing or cheating on exams will receive an "F" in the course. So, just for clarity, don't cheat or copy AND cite your sources; if you need help, that's why I am here and all you have to do is ask!

College of the Redwoods student code of conduct:

<http://redwoods.edu/District/Board/New/Chapter5/AP%205500%20Conduct%20Code%20final%2002-07-2012.pdf>

Term Calendar

Class will begin on **January 20th, 2015**, and end on **May 14th, 2015**; we will meet every M/T/TH unless otherwise noted. The last day to drop this course without receiving a "W" and receive a refund is **February 2nd, 2015**. The last day to drop this course (with a "W") is **March 27th, 2015**; after that, you receive a grade. We will match SFHS's academic calendar & vacation schedule.

Weekly Schedule

Week One – January 20th (Monday is a holiday this week)

Review Text - Please have already registered online, downloaded and / or purchased

Review Course syllabus and expectations

Review Assignments and course content and expectations

Syllabus Quiz - Thursday

Week Two – January 26th

Read Chapter 1 - Introducing Psychology

Focus Areas: Study the chapter for explanation of what Psychology IS! Overview, major theoretical approaches and objectives of psychology

Week Three – February 2nd

Read Chapter 2 - Psychological Science

Focus Areas: Validity and Reliability; measurability and historical trends

Short Essay # 1: A one page paper (200 - 250 words): Describe a behavioral or mental phenomenon in which you are especially interested. Discuss how the phenomenon might be approached from *one* of the following perspectives: evolutionary, psychodynamic, behavioral, cognitive, or social/cultural. **Due on February 26th**

Week Four – February 9th

Read Chapter 3

Topic Areas: The biology of behavior

Focus Areas: How the brain works.

Week Five -- President's week -- no classes held (and don't come to school either; it would just be awkward!)

Week Six – February 23rd

Read Chapter 4

Topic Areas: Sensing and perception

Focus Area: How the senses work: Sight / touch / smell / taste / hearing / ... Intuition

Short Essay # 1 Due Thursday

Quiz 1 - Thursday

Week Seven – March 2nd

Read Chapter 5

Focus Areas: States of Consciousness

Extra Credit Option: View the movie: **What the B#=%p Do We Know?!** *It is fascinating and you may write a one page paper regarding your impressions and observations due anytime before Spring Break*

Week Eight - March 9th

Read Chapter 6

Focus Areas: Growth and Development

Week Nine - March 16th

Read: Chapter 7

Focus Areas: Learning and Memory

Short Essay #2: *A one page paper (200 - 250 words): Give examples of each of the following: classical conditioning, operant conditioning and observational learning as related to media-advertising or education. Due April 9th*

Week Ten - March 23rd

Read: Chapter 8

Focus Areas: Memory and Judgment

Review Term paper parameters

Week Eleven – March 30th Spring Break No classes Scheduled

Week Twelve – April 6th

Read: Chapter 9

Focus Areas: Intelligence and Language

Essay # 2 Due Thursday

Extra Credit: **Youtube video: Sir Kenneth Robinson:** <http://www.youtube.com/watch?v=iG9CE55wbtY>

Term Paper Parameters

Quiz 2

Week Thirteen – April 13th

Read: Chapter 10

Focus Areas: Emotions and Motivations

Media: View the youtube video: Validation at: <http://www.youtube.com/watch?v=Cbk980jV7Ao>

Week Fourteen – April 20th

Read: Chapter 11

Focus Areas: Personality -- Take a fun test (and the second quarterly quiz)

Term Paper Outlines Due

Week Fifteen – April 27th

Read: Chapter 12

Focus Areas: Identifying Psychological Disorders

Week Sixteen – May 4th

Read: Chapter 13

Focus Areas: Treating Psychological Disorders

Term Papers Due

Week Seventeen - May 11th

Read: Chapter 14

Focus Areas: Psychology in Our Social Lives

Final Quiz on TUESDAY MAY 12TH

Final Grades on Thursday, May 14th

Although it is my intention to follow this syllabus, things change and you will be informed well in advance